**Volunteer Role Description**

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| **Role Title:** | Volunteer Woodland Wellbeing Assistant |
| **Employer:** | Coed Lleol / Small Woods Association, registered charity 1081874 |
| **Location:** | TBC |
| **Agreed hours:** | To be agreed |
| **Responsible to:** | Coed Lleol Project Officer |
| **Responsible for:** | N/A |
| **Role Purpose:**  To support the Project Officer as requested, to help prepare sessions / support participants.  There may be times when the Project Officer asks you to offer support to the activity being led by the Activity Leader.  **Background:** Our groups and participants come from a wide range of backgrounds, often with varying needs and vulnerabilities. Our aim is to support and encourage engagement and involvement at a level that suits the needs of each individual and to help people to understand the benefits of nature on wellbeing. | |
| **Tasks could include:**   * Working with SWA staff to set up sessions prior to arrival of participants * Support social media updates e.g. taking photos on the day * Supporting SWA staff to conclude sessions and leave sites as found * Be a representative of SWA at local events to aid promotion | |

**Person specification:**

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| **Desirable** |
| Please note that none of the below skills are required to volunteer for us, however it would be great to learn more about any skills you have on your application form linked to the below:   * An interest in or some experience in woodland and outdoor activities for health & wellbeing * Good knowledge of the local region * Good communication skills * Experience of working with individuals from diverse backgrounds * Availability to travel flexibly around local area * First Aid at Work qualification * Welsh speaker or learner |