

How to make a Lavender Wand

You will need:

Lavender, ribbon, cotton/string, scissors.



Step 1

Pick your lavender – try and find ones with nice long, thick stems. Chose an odd number of stems – I used 13.

Step 2

Match up the bases of the flower heads and tie them together just below.

Step 3

Gently bend the stalks back over the flower heads so that they encase the flower heads like a cage.

Step 4

Insert your chosen ribbon through the flower heads and out through the stalks. Weave it under one stem and then over the next.

Step 5

Repeat this pattern all the way round – try and keep it nice and tight. the first round is the fiddliest! On the second round, you should be alternating the pattern – where you'd gone over a stalk on the previous round you should now be going under it (this is why you need an odd number of stems).

Step 6

Keep going all the way down the flower heads. It will bulge out and then go in again as you just get to stalks and they become too close together to weave.

Step 7

Tie off the ribbon. You can then wind it round all of the stalks together.

Step 8

Tie a loop and hang up to dry. Traditionally they were hung in wardrobes, placed in drawers to scent your clothes.

